

June 2021



DCCCA Foster Family Newsletter



 **FOSTER FAMILY
SUMMER PARTY**

WICHITA - JUNE 4TH, 6-8PM
PITTSBURG - JUNE 17TH, 6-8PM
TOPEKA - JUNE 26TH, 9-10AM
KANSAS CITY - JUNE 26TH, 9:30-10:30AM

Please RSVP to your Specialist!



CDC's Developmental Milestones

Skills such as taking a first step, smiling for the first time, and waving “bye bye” are called developmental milestones. Children reach milestones in how they play, learn, speak, act, and move (crawling, walking, etc.). You can find fillable checklists of milestones and how to help your child by clicking on the links below or go to <https://www.cdc.gov/ncbddd/actearly/milestones/index.html> for more information.

[2 months](#)

[4 months](#)

[6 months](#)

[9 months](#)

[1 year](#)

[18 months](#)

[2 years](#)

[3 years](#)

[4 years](#)

[5 years](#)

Family Spotlight

MEET BRAD & HEATHER!

Brad and Heather have 4 children; Layden, Dyllan, Levi, and Alexis. They also currently have 4 more children placed in their home.



Brad recently left the automotive part industry after 11 years to become a security officer at the ammunition plant. Brad has been a volunteer firefighter for 18 years. Heather has been a volunteer first responder for 2 years. Layden is also a junior volunteer. Heather runs a rental company as well as being a para for the school district.

They became motivated to do foster care very early in their relationship. God blessed them with 3 biological children. They knew they would like a big family, and if that was what God wanted, then that is what they would do.

As a family they love the outdoors. They love camping, fishing, and hiking. They love to have all of their family and friends together. They are dedicated to their church and community. Brad and Heather love to help people. They spend lots of time on their parents' farm helping them with the animals.

Employee Spotlight

Ashley Granville is a CPA Supervisor in the Lawrence office. She started with DCCCA in December of 2019 as a Family Preservation Therapist and joined CPA in March of 2021. Ashley completed her Masters in 2017 at the University of Kansas. She is a strong advocate for families and understands child welfare from many perspectives, as her parents have adopted and fostered for twenty years. In her free time Ashley enjoys traveling and trying new restaurants.



Shining Stars

- **Jasper**, in the Friend home, learned to ride a bike.
- **DJ** and **Domani**, in the Friend home, started swim lessons.
- **Aura**, in the Friend home, is having a blast in Gymnastics class.
- **Michael**, in the Fretchin-Smith home, received student of the week!
- **Nathan**, in the Reyes home, graduated from high school!
- **Kyley**, in the Smith home, received an award at AWANA for memorizing her bible verses.
- **Gail**, in the Zollinger home, recently received school awards for tennis, vocal, and honorable mention for her grades.
- **Gunner**, in the Zollinger home, received an award at school for making the A/B honor roll and a Partner Award for being respectful, safe, and responsible.
- **Jordan**, in the Zollinger home, received school awards for Creative Kid and being safe and respectful.
- **Charnisha**, in the Horton-Ross home, received a letter form the Governor of Kansas, Laura Kelly. Charnisha submitted her artwork to the state's first annual Youth Suicide Prevention Art Contest hosted by the Kansas Partners for Empowering Youth for Suicide Prevention.
- **Celine**, in the Shipp home, graduated high school.
- **Brian**, in the Ross home, graduated high school.
- **Chris** and **Alex**, in the Ross home, have all A's.
- **Toby**, in the Vavra home, got all A's and 1 B.





Chunky Monkey Bites

Ingredients:

- 2 bananas
- 1/3 cup peanut butter (or almond butter)
- 1 pkg chocolate chips
- 1 tsp coconut oil

Directions:

1. Slice bananas into medium sized pieces and place on a parchment paper-covered baking sheet. You'll need an even number of slices.
2. Dallop a little peanut butter on half of the banana slices, then sandwich them together. You can eat them like this, but to make them "chunky," you'll want to dip them in chocolate!
3. Freeze banana sandwiches for 30 minutes to 1 hr.
4. After they're frozen, melt chocolate chips and coconut oil in the microwave in 30 second increments.
5. Use a fork to dip and cover each piece into the chocolate, then return to parchment paper sheet.
6. Chill for another hour or until solid.
7. Enjoy now or transfer to a plastic container to store in fridge or freezer. They should be kept cold.



Squirt Gun Painting

Materials:

- Squirt guns (or spray bottles)
- Watercolor paper
- Liquid watercolor paints
- Easel (or can be tacked to tree or fence)

Directions:

1. Arrange the easel in the yard, then clip sheets of watercolor paper to the easel.
2. Fill squirt guns with liquid watercolors. Use multiple guns for multiple colors.
3. Squirt!
4. Allow to dry.



Hydration and the Body: Why Water Works

Water is an essential part of our daily lives. We use water on a regular basis to brush our teeth, wash our hands, cook meals, water the lawn, and, of course, stay hydrated. The impact of water on the body is very significant yet often overlooked when attempting to address sensory and emotional regulation, energy levels, attention and memory, sleep, and constipation challenges.

Read Article

<http://pktherapyot.com/2018/05/21/hydration-and-the-body/>

Policy of the Month: Documents for Respite Providers

K.A.R. 28-4-822. (c) *Safety procedures;*

(c) If the child in foster care is taken to the hospital or clinic for emergency treatment, each licensee shall ensure that the child's health assessment forms and the medical and surgical consent forms are taken to the hospital or clinic.

Each time a child goes to respite, foster homes should send a copy of the child's **medical consent form, medical card and release of information.**

DCF Regulations

Trainings for June/July

- 6/10/2021 [PAX Tools Training Webinar](#) 6:00-8:30PM
- 6/19/2021 [First Aid/CPR Wichita](#) 1:00-6:00PM
- 6/26/2021 [First Aid/CPR Lawrence](#) 8:30AM-1:30PM

- 7/10/2021 [First Aid/CPR Lawrence](#) 1:00-6:00PM
- 7/13/2021 [Positive Parenting Webinar](#) 6:00-7:30PM
- 7/24/2021 [First Aid/CPR Wichita](#) 1:00-6:00PM

Training contact: Erica Schulz at 913.416.2234 or eschulz@dccca.org.

All Children's Alliance Trainings

Training Videos

DCCCA has a playlist of training videos that we've have recorded and posted on our YouTube channel.

Topics include:

- Sensory Processing
- RAD
- Attachment
- Love Languages
- Suicide Prevention

You can find them at <https://www.youtube.com/playlist?list=PLRqWIDmeAGz-jPGYDRQJzgsTMoEqAttOt>. Each one counts for training hours if you watch and fill out a [Book-Video Report Form](#).

One More Way to Get Your Training Hours

A maximum of 3 training hours a year can be earned by reading the DCCCA newsletter. Simply read the entire newsletter and choose one of the training articles. Then complete the form "Book-Video-Newsletter," and send it to Erica Schulz at eschulz@dccca.org, or 3312 Clinton Parkway, Lawrence KS 66047. A certificate for 0.5 training hours will be sent to you for that month's newsletter.

The form can be found on the DCCCA website on the [Current Foster Parent](#) page.

Child Placing Agency Staff List

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